

The purpose of the grant from The Nisbet Trust was to fund a new Community Sports Apprentice to develop an innovative sports programme to benefit local young people from deprived communities.

To date the following activities and outcomes have been achieved in the first year of funding:

A new Community Sports Apprentice has been appointed

Ted Davis is our Community Sports Apprentice and joined Young Bristol in early January 2018 to work us 30 hours per week. After working with Camp America for the past two summers, travelling and working with young people from around the world, he will now focus on Young Bristol's community youth clubs within Bristol. He is passionate about working with young people and hopes to help the club members discover their potential by engaging them in lots of different sports. Ted's own passion is Hockey and he plays for two established Bristol clubs. Ted now works with young Bristol alongside studying with the Coach Core Royal foundation Apprenticeship course to become a qualified sports coach.



A new sporting programme has been developed within 4 of our community youth clubs

To date, Ted has worked with 4 of our 8 youth clubs – The Grove (Bedminster), Ashton Vale, Sea Mills and Avon Club (based in Lawrence Weston), to create and develop a brand new sporting programme and deliver a variety of sporting activities to groups of up to 35 young people aged 8-19.

Children and young people have been able to enjoy the benefits of sports and physical activity and develop their skills and confidence through participating in pool, snooker, table tennis, football, cricket, volleyball, archery and badminton.

This funding has enabled us to deliver 189 multi sports sessions over the year which has benefitted a total of 2,207 children and young people.

We are still to work with 4 of our youth clubs – Stockwood, Hartcliffe, Broad Plain and Pyramid, and there are planned dates for these sessions to take place in November and December 2018.

Below, Ted describes just two examples of the young people we have helped so far through this new sporting programme:

Luke James age 11- 'Luke is always thrilled to see me at Sea Mills Youth Club and is disappointed if I am not there. Luke came on the 5 a side football tournament in Manchester really gave it his all. During one of the final games in the tournament Luke scored the winning goal which was incredible. '

Luke and Ted have formed an incredible bond and Ted is a very positive role model for Luke. Since Ted has been working with Luke we have noticed that his behaviour has really improved and he has been making much better choices in the friends he is choosing to mix with.

Luca Papatoniou age 11- 'Luca is really good at most sports especially football, however he just needed to control his behaviour and understand how to be the best he could be. I got to understand him a little better and the reason he was doing certain things. He was a middle son with two other brothers and didn't really get attention from his parents. I started to work with him on a more 121 basis so I'd be playing a game and then take him out of the game to show him something to do and he'd do it. I felt we bonded and created a strong connection. He smiles and loves seeing me now and I still try and work with him at different sports. I love his passion for games- it's like every time we play a game it's the biggest game of his life and it's inspirational.'

6 Inter-Club Activities have taken place:

Easter and Summer Holiday Day Camps

These took place from the 3rd-6th April and throughout July at Sea Mills, The Grove and Ashton Vale youth clubs and included a varied programme of sporting activities.

100 Mile Canoe Test

From the 25th-29th May a group of 8 young people participated in the 100 Mile Canoe Test on the River Severn.



National Association of Boys and Girls Clubs (NABGC) 5 a-side football tournament

On the 9th June we took a group of 7 young people to the Sports Dome, Trafford Park in Greater Manchester, to participate in the NABGC 5 a Side Football Tournament.



Essex Adventure Weekend

On the 15-17th June we also took a group of 6 young people to Stubber Adventure Centre in Essex for an adventure weekend. The weekend consisted of two days of fun and challenging activities in a supportive youth work environment. Activities on offer included climbing, high ropes, archery, canoeing, kayaking, sailing, football, cricket, team games, arts and crafts, a quiz, campfire and songs,

Soccer Festival.

During the week commencing 30th July, Ted ran a highly successful soccer festival for 30 young people which was a week-long programme of football focused day camps held at Ashton Park School.

NCS Sports Sessions.

Ted delivered additional sports sessions during the whole of the summer as part of our successful NCS Programme.

In Summary

- Continued funding from The Nisbet Trust is vital in helping to ensure that more disadvantaged young people in Bristol are able to enjoy the benefits of sport and physical activity.
- The children and young people we have worked with so far have benefitted from an increase in their self esteem and self confidence through participation in sports as well as an improvement in their health and well-being.
- Through the programme, many children have been able to build a positive relationship with a trusted adult which has had a positive impact on many areas of their lives.
- The Inter- Club Activities have helped to encourage collaboration between community clubs to facilitate joint working and sharing of best practice.

The creation of our new sports programme and inter-club activities has gone incredibly well in this first year and we will continue to expand upon and develop this work. The next phase of funding will enable us to identify 12 young people to become 'Sporting Mentors' and lead on coordinating certain activities. These Sporting Mentors will be able to gain work relevant qualifications and could become Sports Coaches in our clubs creating an additional resource for the clubs and increasing our capacity. This model will ensure the programme is sustainable and gives it potential to develop and grow.